



HOW TO PROTECT YOURSELF AND OTHERS FROM CORONAVIRUS

Wash your hands often with soap 

Cook through meat and eggs thoroughly 

Avoid unprotected contact with live wild or farm animals (including at live animal markets) 

Avoid close contact with people showing flu-like symptoms (such as coughing and sneezing) 

IF YOU'RE UNWELL

Cover your mouth when you cough or sneeze 

Disinfect items you touch 

Do not travel 

Wear a surgical mask 

